

From 2009 Calendar			From 2008 Calendar			From 2008 Calendar			From 2009 Calendar					
Virginia			North Carolina			Tennessee			West Virginia					
Month	Day	Date	Race	Location	Time	Race	Location	Time	Race	Location	Time	Race	Location	Time
Jan	Sat	3												
	Sun	4												
	Sat	10												
	Sun	11												
	Sat	17												
	Sun	18												
	Sat	24	Andrew Gold	Blacksburg										
	Sun	25												
	Sat	31	Rogues Training Camp											
Feb	Sun	1	Bedford Mtn Cross	Bedford	1:30									
	Sat	7	Owen Cup	Blacksburg	0									
	Sun	8												
	Sat	14												
	Sun	15	Bedford Mtn Cross	Bedford	1:30									
	Sat	21												
	Sun	22												
	Sat	28												
Mar	Sun	1	Bedford Mtn Cross	Bedford	1:30									
	Sat	7	12 Hours of Pandapas	Blacksburg	0									
	Sun	8												
	Sat	14												
	Sun	15												
	Sat	21				Out Like a Lion RR	Albemarle	3:19						
	Sun	22				City Park Crit	Salisbury	2:40						
	Sat	28				Uptown Greenville Crit	Greenville							
	Sun	29	Jeff Cup	Charlottesville	2:30	Uptown Greenville Crit	Greenville							
Apr	Sat	4	Canal TT	Chesapeake	5:20	Rock Hill Omnium	Rock Hill, Sc	3:15						
	Sun	5	Langley Crit	Hampton	5:00	Rock Hill Omnium	Rock Hill, Sc	3:15				Wilderness Challenge	Logan	3:00
			Tysons Corner Crit	Tysons Corner	4:15									
	Sat	11										Morgantown Road Race	Morgantown	5:00
	Sun	12												
	Sat	18	Cold Toes Crit	Chantilly	4:10				South Knoxville TT & RR	Knoxville				
	Sun	19	Casey Auto Crit	Hampton	5:00	Winston-Salem Crit			South Knoxville Crit	Knoxville	4	Big Bear Lake Classic	Bruceton Mills	5:00
	Sat	25												
	Sun	26	Van Dessel Crit	Charlottesville	2:30							New Martinsville Race	New Martinsville	5:00
			Coastal Crit	Virginia Beach	5:22									
May	Sat	2	Wintergreen Hill Climb	Wintergreen	2:30	Dilworth Crit	Charlotte	2:50						
	Sun	3	Fort Lee Crit	Fort Lee (Richmond)	4:00	Southend Crit	Charlotte	2:50				Challenge at Mountwood	Parkersburg	4:00
	Sat	9	Tour de Beach Crit	Virginia Beach	5:22				Highland Rim	McMinneville	6	12 Hours Creek to Peak	Eleanor	3:00
	Sun	10							Highland Rim	McMinneville	6			
	Sat	16	Fat Tire Frenzy	Bedford	1:30							Shingle Tree Shuffle	Elkins	4:30
	Sun	17										Tour de Lake	Spencer	3:30
	Sat	23	Roanoke						Tomato Head	Marysville	4	Crying Wolf Challenge	Bluefield	1:30
			Wilderness Road Ride	Radford	:20									
	Sun	24	Mountains of Misery	Newport	:15									
			Roanoke						Tomato Head	Knoxville	4			
	Sat	30	TNP/3Sports Crit	Richmond	3:30							Creek to Peak Short trk	Eleanor	3:00
	Sun	31	circuit race	Richmond	3:30							Creek to Peak XC	Eleanor	3:00
Jun	Sat	6	TriPower TT	Tidewater	5:00				Settlers Life	Elizabethton	2.7	Tour of Tucker County	Thomas	4:20
	Sun	7	Massanutten Ho-Ha ULTRA	McGaheysville	3:30				Settlers Life	Bristol	2			
	Sat	13	Amphib crit	Tidewater	5:00				Ed Soto Crits	Nashville	6.5			
	Sun	14	PLT #1 TT	Chesapeake	5:20	NC state Road Race	Salisbury	2:40	Ed Soto Crits	Brentwood	6.5			
	Sat	20	Go Fast Turn Left	Richmond	3:30				Avery Trace	Gainsboro	6	Appalachian Short Track	Grantsville	4:00
	Sun	21	Stony Creek TT						Avery Trace	Cookeville	5.3	Appalachian Classic	Grantsville	4:00
	Sat	27	Olden Days Fest						Smith & Nephew omnium	Memphis	9.5			
	Sun	28	Reston Town Center GP	Reston	4:20				Smith & Nephew omnium	Memphis	9.5			

